



CALL for PAPERS

Abstract portal opens: September 1, 2025

Abstract deadline: December 12, 2025

We are delighted to announce the **World Congress of the World Confederation of Cognitive and Behavioural Therapies (WCCBT)**, a celebration of the range and generation of cognitive and/or behavioral traditions. This landmark event hosted and organized by the **Association for Behavioral and Cognitive Therapies (ABCT)** will bring together the global CBT community to highlight the richness of our shared history, the strength of our scientific foundations, and the bold directions we are forging together.

We invite submissions in all topic areas from students and professionals across all countries and regions, working with individuals of all ages and backgrounds. Whether you are conducting experimental laboratory research, clinical trials, implementation studies, or engaged in direct clinical practice, we welcome your contributions. This is a unique opportunity to share your work, exchange ideas, and help shape the future of CBT on a global stage.

Join us in San Francisco, California, between June 25-28, 2026, as we gather to honor the science, the practice, and the global community that defines and unites the family of Cognitive and Behavioral Therapies today. Extend your stay before or after the conference to experience the magic of San Francisco and its breathtaking surroundings. Explore the iconic Pacific coastline with unforgettable destinations like Carmel-by-the-Sea, Monterey, and Big Sur. Wander among the ancient redwoods of Muir Woods, take in the charm of Sausalito Bay, and savor the world-class wines of Napa and Sonoma.

Health for All: Affirming, Equitable, and Sustainable CBT

We come together at a time when the world is facing profound challenges that test our collective resilience. The past few years have been marked by global health crises, escalating climate emergencies, deepening political instability, and the persistent burden of health disparities. Alongside these struggles, long-standing systemic inequities and discrimination against historically marginalized and minoritized communities have been laid bare, urging us to reflect on our role as cognitive and behavioural therapists.

As a field, we must ask: How can we advance evidence-based treatments in ways that actively promote justice, affirm diverse lived experiences, and break down barriers to care? How do we ensure that CBT remains not only scientifically rigorous but also accessible, culturally meaningful, and sustainable for future generations of clinicians, researchers, and communities? How do we sustain our own well-being while addressing these urgent global and professional challenges?

The 2026 WCCBT will highlight scientific innovations that advance CBT's role in creating a healthier, more equitable world. We invite submissions that explore ways to:

- Expand access to and engagement in CBT, particularly among historically underserved and excluded populations.
- Implement and sustain CBT interventions within routine healthcare.
- Address disparities in mental and physical health and integrate culturally meaningful, affirming, and justice-oriented approaches.
- Innovate and adapt CBT to respond to the pressing challenges of climate change, pandemics, and political upheaval.
- Strengthen the sustainability of CBT through policy, education, and workforce development.
- Foster well-being within the CBT community itself, ensuring that practitioners and researchers can thrive and sustain their work in a demanding and evolving field.

We warmly welcome contributions from researchers, clinicians, educators, students, and policymakers advancing the future of CBT — grounded by scientific rigor, and committed to being inclusive, affirming, and impactful. Please join us at the 2026 WCCBT as we come together to reimagine CBT's role in promoting **Health for All**.